

## Agenda

Workshop/Training Title: How is my Driving? Warning Signs and Alternatives

Location: Greenville Community Center, Room 14

Date: August 30, 2010

Time: 10:00 am – 12:00 pm

Facilitator: Rose Chan, Volunteer Coordinator Expected Number of Participants: 18-20

Activity (Outline)	Estimated time	Method	Resources (speaker, materials, handouts)
<b>Welcome</b>	5 min.	Facilitator explains her role and background with program.	PowerPoint slide 1 Coffee and snacks
<b>Learning objectives:</b> Participants will: 1. Understand how aging can affect driving ability 2. Identify warning signs that driving may not be safe 3. Understand local transportation alternatives and how they work	5 min.	Provide overview and housekeeping.	PowerPoint slide 2
<b>Warm-up and introductions</b> <b>Ice-breaker:</b> Stand up if you ... (e.g. speak more than one language; have grandchildren, can do the cha-cha-cha)	15 min.	Go around the room for introductions – name, where you are from, and your best driving tip.	N/A
<b>Content-</b> Older Drivers: myths and realities <b>Main points:</b> Aging eventually causes slowdown in reflexes and response time (possible side effects of medications; hearing and vision impairment; memory and concentration). Warning signs that driver should stop driving	20 min.	Lecture and large group discussion Callout: What are some things you have seen or experienced, or heard about regarding elderly drivers that concerned you?	PowerPoint slides 3-5 Blackboard or chart for writing Warning signs checklist (handouts)

Using the Independent Living Curriculum and Planning Volunteer Training  
TRAINING AGENDA SAMPLE

Activity (Outline)	Estimated time	Method	Resources (speaker, materials, handouts)
<b>Exercise:</b> "How is my Driving?" Problem-solving scenarios –people in different situations who must soon give up driving (in groups of 3-4) <b>Objective:</b> To reinforce information covered on warning signs but also help participants empathize with older drivers; to start thinking of driving alternatives and how to ease a difficult transition.	15 min.	Small group discussions	PowerPoint slides 6 Exercise Worksheet Blackboard or chart for writing
<b>Break:</b> 11:00 – 11:15am	15 min.		
<b>Exercise Debrief</b>	15 min.	Large group discussion: Ask each small group to share ideas and note on blackboard.	Blackboard or chart for writing
<b>Content:</b> Local Transportation Options <b>Main points:</b> Greenville's public transportation system and how it works Local volunteer transportation programs and how they work	15 min.	Call out: What are the alternative transportation options in this area? Would you recommend them to a friend? Why or why not? (note options on blackboard, then show slide 7)	PowerPoint slides 7-8 Blackboard or chart for writing
<b>Closing</b> Discuss how to find more information (local transportation websites and phone numbers; national resources such as National Institute on Aging, AARP Driver Safety Program, Aging Parents and Elder Care)	10 min.	Point out recommended resources	PowerPoint slide 9 Resource Handout
<b>Training Evaluation/Feedback</b>	5 min.	Explain purpose and asks one participant to collect them.	Feedback form (anonymous)