

AACCA Coaches' Cheerleading Workshop & Certification

USA Gymnastics is pleased to present a full day of American Association of Cheerleading Coaches & Administrators (AACCA) Workshops & Certification education at the 2009 National Congress & Trade Show in Dallas, Texas on Saturday, August 15, 2009. This partnership is motivated by the importance both USA Gymnastics and the AACCA place on safety, risk management and education in their sports.

AACCA Cheer Risk Management — This course is designed to inform those instructing or supervising cheer activities of their responsibilities with regard to risk management and minimization. This add-on course is a modified version of the course approved by the NCAA for all collegiate cheer coaches. It includes training on the concepts of spotting for cheerleading, stunt progressions, legal and medical responsibilities and performer readiness. Please note that the USA Gymnastics Safety/Risk Management course is not a pre-requisite for attending this session, but it is required to achieve full AACCA Safety Certification.

Cheerleading Stunt Technique and Progression — This session is directed toward the gymnastics coach with little or no cheerleading stunt background. The course will demonstrate the concept of stunt progressions and show the skill sets used in the three generally accepted technique groupings. Various stunts will be shown along with their fundamental techniques and spotting methods.

Maximizing Cheer Scores — This session will discuss the various scoring systems used by cheerleading competition organizations and how to maximize team scores. The discussion will include the differences between individual and group skills, risk vs. reward and technique vs. difficulty. A general discussion of level rules will be included.

About the instructors:

Christine Calvert — A National Safety instructor and Skill Evaluator for USA Gymnastics and a National Safety Instructor for the American Association of Cheerleading Coaches and Advisors (AACCA), Christine Calvert is a forty (40) year coaching veteran. Ms. Calvert sits on the Georgia Board of Directors of USA Gymnastics and is a former Board Member of the Georgia Amateur Athletic Union. Former varsity cheerleading Advisor and Sponsor at Emory University, Calvert has served as a head judge for the UCA National High School, College and All-Star Cheerleading Championships. Ms. Calvert serves as a consultant to various national organizations and is widely published in leading gymnastics and cheerleading periodicals as well as being a featured contributor to *InsideCheerleading* magazine. Calvert is also a contributor to the third addition of the safety manual for the American Association of Cheerleading Coaches and Advisors and the 2nd and 3rd edition of the USA Gymnastics Safety Manual. Calvert has been a featured presenter at local, regional and national business conferences for over a decade.

Jim Lord — is a former captain for the nationally ranked University of Kentucky cheer squad. He has been involved in cheerleading since 1984 as a cheerleader, coach, and administrator and now as the Executive Director for the American Association of Cheerleading Coaches and Administrators (AACCA). He taught cheerleading gymnastics at Kiro's Gymnastics in Houston, TX in the beginning of the "I need my handspring for tryouts in two weeks" days. Jim has been a presenter at a number of state, national and international conferences including several USA Gymnastics Congresses and is recognized as one of the leading experts on cheerleading safety and technique. AACCA is a USAG Industry Member and Jim Lord is a USA Gymnastics Member.



American Association
of Cheerleading Coaches
& Administrators

The American Association of Cheerleading Coaches and Administrators represents more than 20,000 cheerleading coaches and are the leading advocates of cheerleading safety in the U.S. Learn more at www.aacca.org



USA Gymnastics is the sole national governing body for the sport of gymnastics in the United States. This designation comes from the U.S. Olympic Committee, and the International Gymnastics Federation (FIG). USA Gymnastics sets the rules and policies that govern gymnastics in the United States. Learn more at www.usa-gymnastics.org

AACCA Coaches' Cheerleading Workshop & Certification

held at the

2009 USA Gymnastics National Congress & Trade Show

Saturday, August 15, 2009

Sheraton Dallas Hotel, Dallas, TX

Office Use Only

Postmarked _____

Payment _____

Check/Reg # _____ / _____

Auth _____ Date _____

Pre-Registration ends July 15. Use this form for individual & group registration. Please provide a valid personal email address for each registrant. Registration confirmations will be sent by email only. Enrollment is limited. Minimum age for participation is 15. Onsite registration available 8/15/09 for \$100 per registrant. Group discounts of 5 & 10 registrants also available at onsite registration.

Registration Fee Schedule:

For office use only: Total registration # _____ Total registration cost _____

☐ Individual Registration \$80 ☐ Group Registration discount (5 individuals) \$375 ☐ Group Registration discount (10 individuals) \$750

Please complete all fields for each registrant, including their INDIVIDUAL email address.

Name: _____	Date of birth: _____	Email: _____
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Group Contact Name _____

Group Contact Email Address _____ Date of Birth _____

Mailing Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

☐ Visa ☐ Other _____ Card # _____ Exp. Date _____

Signature _____

Print Cardholder Name _____

Email Address for credit card receipt _____

Return completed form and payment to:

USA Gymnastics, 132 E. Washington St. Ste. 700, Indianapolis, IN 46204 or by fax: 317.692.5212

Attention: Member Services



USA Gymnastics welcomes you to pay with your Visa® card

Payment total— Make checks payable to USA Gymnastics

Total payment authorized/enclosed:

\$ _____

National Congress Policies in brief:

- Videotaping educational sessions is permitted FOR PERSONAL USE ONLY unless the session presenters announce that his/her/their session may not be videotaped.
- The official language of Congress is English. USA Gymnastics will make no special provisions for translation of sessions into other languages.
- Attendees with special needs must notify USA Gymnastics in writing in this regard prior to July 15. The Sheraton Hotel & Dallas Convention Center are handicap accessible facilities. We suggest you include your need in writing when submitting this form.

Substitution Policy: To transfer registration to another person, request must be submitted in writing. After July 15, \$30 fee per substitution. **Cancellation Policy:** All cancellations must be in writing. Before July 15, refund of registration fee less \$30 service fee per person cancelling. After July 16, refund is 50% of registration fee per person cancelling. **NO REFUNDS AFTER AUG. 30.** Submit all substitution and cancellation requests **IN WRITING** to USA Gymnastics, attention: Cathy Allen